

Business Planning

Suggested Reading To Improve Your Skills

[How to build a Startup](#)

[Free online course on business plan basics](#)

[Strategic Management – Implementing and Evaluating Strategy](#)

[Foundations of Business Strategy](#)

<https://www.investopedia.com/university/business-plan/>

Marketing

Suggested Reading To Improve Your Skills

[Fundamentals of digital marketing](#)

[Free Content Marketing Certification Course](#)

[Social Media Marketing](#)

[The Business of Social](#)

[Introduction to Marketing](#)

Risk Management

Suggested Reading To Improve Your Skills

[EFFECTIVE RISK MANAGEMENT STRATEGIES FOR SMALL-MEDIUM ENTERPRISES AND MICRO COMPANIES](#)

[A Risk Management Standard](#)

[Advanced Case Studies in Risk Management](#)

[Diploma in Risk Management](#)

Motivation and Support

Suggested Reading To Improve Your Skills

[Employee motivation training course](#)

[Training program leadership and motivation](#)

[Motivation courses](#)

[Entrepreneur motivation training](#)

[Motivated entrepreneurs](#)

[Motivational theories](#)

[Entrepreneurial motivation](#)

[Entrepreneurial motivations and entrepreneurial mindsets](#)

Learning Without Shame

Suggested Reading To Improve Your Skills

[How to Overcome the Shame of Failure](#)

[Reinventing Yourself: Life After a Business Failure](#)

[Life after Business Failure: The Process and Consequences of Business Failure for](#)

[Entrepreneurs](#)
[Strategies for Learning from Failure](#)

Stress Management

Suggested Reading To Improve Your Skills

[Free Lifestyle Management E-Course](#)

[Online Mindfulness-Based Stress Reduction \(MBSR\)](#)

[Managing stress in the workplace: Interactive online workshop](#)

[Coping with Stress Course](#)

[Stress Management - Techniques for Coping with Stress](#)

Adaptability

Suggested Reading To Improve Your Skills

[Introduction to Change Management](#)

[Change management](#)

[Adapting to change](#)

[Managing disruptive change](#)

[Case study on adapting to change](#)